

CLUBHOUSE NEWS

A Black Girls Golf Publication

October 2018 / Vol 1 Issue 6

FREE INDOOR GOLF CLINICS



Quick Hits:

URBAN LEAGUE OF GREATER ATL GUILD

BGG volunteered to help with the golf clinic for the Urban League Guild. Let us know if you need us to help with your tournament by adding a clinic.

CALVIN PEETE FOUNDATION

Tiffany was invited to the Calvin Peete Foundation Awards and Tournament. She donated prizes and presented the best dressed female golfer award.

NEW MEMBERSHIP OFFER - SAVE \$50

We reduced the annual membership by \$50. Annual membership is only \$99. JOIN TODAY at bit.ly/bggmembership

SUNDAY SWING

Tickets Available NOW!

September Sunday Swing was a hit so we're doing it again. Where else can you go to find fun, golf and a sisterhood? You guessed it, a Black Girls Golf event.

We've partnered with Topgolf Alpharetta to host the ultimate golf outing, **Sunday Swing**. Grab your girls, your daughters, nieces and neighbors and meet us there!

RSVP bit.ly/bggsundayswing

NETWORKING & GOLF CLINIC

Sunday Swing

TOPGOLF ALPHARETTA
10900 Westside Pkwy, Alpharetta, GA
October 14 • 1-3pm

\$30 Members | \$40 General Admission

RSVP at bit.ly/BGGSundaySwing

Appetizers, golf and fun! RSVP today and receive a special offer for an individual lesson package. Open to all skill levels.

Ticket includes:
2 hours play time in a bay; coffee, tea, and water; access to group instruction; appetizer.

 

PGATOUR SUPERSTORES OFFER FREE INDOOR CLINICS

by Black Girls Golf

Black Girls Golf has hosted BGG events at PGA TOUR Superstores in GA, NY, and NJ. We're happy to let you know that you don't have to wait for us to take advantage of the resources near you.

All you have to do is go online to find a store near you. Many stores host free golf clinics on the second Saturday of each month. Golfers of all skill levels are invited to join PGA TOUR Superstore instructors tackle a new topic each month dealing with issues commonly encountered during a round of play.

Find your store at pgatoursuperstore.com/stores



PGA TOUR Superstore Roswell, GA

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Even Tiger has a coach. No matter how much you play, or how little you play you can always use a lesson from a certified professional.

Tiffany Fitzgerald

WHAT WILL I NEED?

Most beginner lessons will not require you to have golf equipment or golf attire. Here are a few things you'll need for indoor lessons at your local PGA TOUR Superstore:

- Comfortable clothing
- Athletic shoes
- A few friends
- An open mind

SOMETHING FOR THE ENTIRE FAMILY

Golf is a great way to bond and build relationships. We hear about using golf for business, but it's also a great way to nurture your personal relationships with friends and family. So, bring the kids with you to a lesson.

Kids age 7 and above are ready for the focus required for golf. If in doubt, call ahead to ensure your child is of appropriate age for the instructor.

WHAT YOU'LL LEARN

STOP BURNING THE EDGES:

Struggling on the greens? This clinic is designed to help you eliminate the three-putt. We'll cover basic putting stroke mechanics including stance, posture and alignment - and introduce the right training aids to reinforce the fundamental. We'll also discuss how putters are designed and how that design could make it easier (or harder) if it doesn't match your stroke type. We'll also cover distance and direction when learning how to read a putting green.

SECRETS OF THE SHORT GAME:

Did you know the majority of your shots during a round are played from inside of 40 yards? With that in mind, the Secrets of the Short Game clinic is designed to teach the core fundamentals of chipping and pitching. Topics include swing mechanics that enhance distance control as well as recommended club selection for the variety of different shots around the green. We'll also show you a few training aids that reinforce chipping and pitching fundamentals.

LASER IRONS:

It's a no-brainer that golf is a lot easier when you hit it closer to the hole. The Laser Irons clinic is designed to introduce swing fundamentals that add consistency to your iron shots. From the relationship between swing the path and club face orientation to controlling shot direction, we'll take you through a number of topics that teach you how clubhead designs affect ball flight and how lie angle directly affects accuracy.

CREATING POWER:

Who doesn't want to hit the ball farther? The Creating Power clinic is designed to teach basic swing concepts that can help create a more powerful golf motion. This lesson covers generating power through core rotation and the importance of creating "lag" in the golf swing, with the introduction of golf-specific exercises and golf training aids designed to reinforce key swing fundamentals.

PRACTICE MAKES PERMANENT



The golf course is the wrong place to figure out your swing. Practice is where you can focus on the fundamentals and learn your swing and distances. If you are practicing with a purpose, you'll know what to do when you get on the course – no thinking, just swinging. Remember, practice makes permanent; check in with a golf instructor occasionally. You don't want to develop bad habits and reinforce them with practice.

The driving range is where you want to focus on grip, posture, and stance. You will also want to be sure to select a target for every shot.

The driving range is also where you understand your clubs. Knowing how far you hit (consistently) with each club helps you with game management, which in turn speeds up your pace of play. No one can tell you what club to use on the course because they don't know how far you consistently with your clubs. That is what YOU need to work on at the range.